



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Weetabix Cornflakes Rice crispies Milk	Toast Milk	Weetabix Cornflakes Rice crispies Milk	Toast Milk	Weetabix Cornflakes Rice crispies Milk
<b>Snack AM/PM</b>	Various Snacks Milk / Water	Various Snacks Milk / Water	Various Snacks Milk / Water	Various Snacks Milk / Water	Various Snacks Milk / Water
<b>Lunch</b>	Bolognaise with pasta	Top side of beef Roast potatoes Cauliflower Carrots Gravy	Fish fingers, carrots, cauliflower, broccoli Creamed potatoes Parsley sauce	Sausage Sweet potato mash Peas Gravy	Chicken curry with rice
<b>Content</b>	Minced beef, onion, garlic, celery, oregano, tomatoes, tomato puree, mushroom, carrots, pasta	Roast topside of beef Roast potatoes Cauliflower, carrots, gravy, vegetable oil	Fish finger, carrots, cauliflower, broccoli, potatoes, dairy free spread, dairy	Pork sausage Sweet potatoes Dairy free spread	Chicken, onion, peppers, carrots, curry pasta, vegetable oil, flour, vegetable stock
<b>Dessert</b>	Mixed fruit jam sponge with custard	Rice pudding with sultanas	Vanilla ice cream	Raspberry jelly with peaches	Chocolate chip cheesecake
<b>Tea</b>	Chicken soup Tortillas Cake	Tuna mayonnaise / Cheese cobs Cucumber Pringles Fromage frais	Spaghetti with toast Melon	Chicken nuggets Scotch eggs Cheese puffs Cucumber, tomato Mint dip Chocolate mousse	Cheese scone Babybels Coleslaw Cake