



Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Weetabix Cornflakes Rice crispies Milk	Toast Milk	Weetabix Cornflakes Rice crispies Milk	Toast Milk	Weetabix Cornflakes Rice crispies Milk
<b>Snack AM/PM</b>	Various Snacks Milk / Water	Various Snacks Milk / Water	Various Snacks Milk / Water	Various Snacks Milk / Water	Various Snacks Milk / Water
<b>Lunch</b>	Fishcake Potato wedges Sweetcorn Homemade tomato sauce	Chicken casserole with sliced potato topping	Honey roast ham Creamed potatoes Carrots, cauliflower, broccoli Onion sauce	Sausage risotto	Cottage pie Swede and potato mash
<b>Content</b>	Tomato sauce (tomatoes, onions, peppers, sugar)	Chicken, onion, peppers, tomatoes, swede, celery, potato, mixed herbs	Dairy free spread	Sausage, onion, dairy free spread, peppers, tomatoes, peas, parsley, arborio rice, mozzarella	Mixed beef, onion, carrots, cauliflower, broccoli, swede, potatoes, gravy mix, dairy free spread, vegetable stock
<b>Dessert</b>	Vanilla ice cream with cornets	Semolina with chocolate chips	Syrup sponge with custard	Fromage Frais	Bananas with custard
<b>Tea</b>	Spaghetti with toast Banana mousse	Savoury biscuit Samosa's Cucumber Sweet chilli dip Melon	Tomato soup Croutons Cake	Beef / Cheese sandwiches Pringles Lime Jelly	Potato cakes Spaghetti Cake